

Cultivating Success

A Case Study on Sh. Om Parkash's Passion for Medicinal Plants, Environment and Biodiversity Conservation



Regional-cum-Facilitation Centre Northern Region-1
National Medicinal Plants Board (NMPB)
Ministry of Ayush, GOI
Research Institution in Indian System of medicine (RIISM)
Joginder Nagar, Distt. Mandi (H.P.) -175015

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Gulab Chand Kataria

Governor of Punjab
and
Administrator
Union Territory, Chandigarh



सत्यमेव जयते

Raj Bhavan, Punjab
Chandigarh-160 019

05 जून, 2025

शुभ संदेश

मुझे यह जानकर अत्यंत हर्ष हुआ कि श्री ओम प्रकाश जी, जिन्होंने अपना जीवन शिक्षा और पर्यावरण को समर्पित किया है, ने पर्यावरण संरक्षण हेतु समाज में एक अद्भुत उदाहरण प्रस्तुत किया है। औषधीय जड़ी-बूटियों एवं औषधीय पौधों के संरक्षण तथा विद्यालयों, महाविद्यालयों और समाज में इको क्लबों की स्थापना के माध्यम से उन्होंने जन-जागरूकता और पर्यावरणीय चेतना के प्रसार में सराहनीय योगदान दिया है। उनके इस महत्वपूर्ण एवं प्रेरक कार्य को क्षेत्रीय सह सुविधा केन्द्र, उत्तर क्षेत्र-1 (RCFC-NR-1) द्वारा 'केस स्टडी' के रूप में प्रकाशित किया जा रहा है, जो निस्संदेह एक प्रशंसनीय पहल है और समाज को पर्यावरण संरक्षण हेतु प्रेरित करने में सहायक सिद्ध होगी।

विद्या भारती उत्तर क्षेत्र के पर्यावरण संयोजक श्री ओम प्रकाश जी ने पर्यावरण शिक्षा, जागरूकता एवं सामाजिक प्रतिबद्धता के क्षेत्र में अपनी विशिष्ट पहचान स्थापित की है। वे आज न केवल एक सक्रिय कार्यकर्ता, बल्कि पर्यावरण संरक्षण के प्रति समर्पित प्रयासों के कारण एक प्रेरणा-स्रोत के रूप में उभरकर सामने आए हैं। भारतीय ज्ञान परंपरा के प्रति उनकी गहरी आस्था तथा उसे भावी पीढ़ी तक पहुँचाने का उनका सतत प्रयास अत्यंत सराहनीय एवं अनुकरणीय है।

मैं श्री ओम प्रकाश जी को अपनी शुभकामनाएँ प्रेषित करता हूँ तथा क्षेत्रीय सह सुविधा केन्द्र उत्तर क्षेत्र-1 (RCFC-NR-1) द्वारा प्रकाशित पत्रिका के सफल संपादन के लिए साधुवाद देता हूँ।

(गुलाब चंद कटारिया)

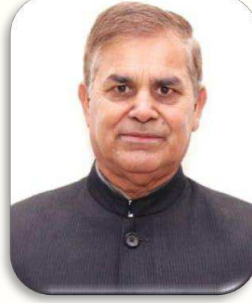


विद्या भारती अखिल भारतीय शिक्षा संस्थान

VIDYA BHARATI AKHIL BHARATIYA SHIKSHA SANSTHAN

प्रज्ञा सदन, सरस्वती बाल मन्दिर परिसर, रिंग रोड नेहरू नगर, नई दिल्ली-110 065
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पत्र क्रमांक : वि.भा./003/2025-26 ज्येष्ठ शुक्ल चतुर्दशी, वि.सं- 2082 दिनांक : 10 जून, 2025



Message

It is a matter of immense pride and inspiration to witness the story of Shri Om Parkash, a visionary environmentalist and expert in herbal gardening. He is Vidya Bharti North Zone convener of environment subject tireless efforts in cultivating and promoting the use of herbal plants have not only enriched biodiversity but also fostered avidness about the ecological benefits of nature's resources.

Through his dedication, Shri Om Parkash has demonstrated how individual actions can contribute significantly to the preservation of our planet, inspiring countless others to follow his path. His initiatives align beautifully with the ethos of Ministry of Ayush, National Medicinal Plants Board Regional cum Facilitation Centre Northern Region-1 Joginder Nagar (H.P.), emphasizing harmony between humans and nature for a healthier and more sustainable future.

May this success story motivate readers to adopt eco-friendly lifestyles and actively participate in safeguarding our environment. Shri Om Parkash's journey reminds us that every step toward conservation counts, and together, we can make a transformative difference.

Wishing the Ayush Ministry continued success in highlighting such exemplary stories and promoting the values of environmental stewardship and sustainable living.

Warm regards,

Desh Raj Sharma,
G. Secretary

शुभ संदेश

निन्दन्तु नीतिनिपुणा यदि वा स्तुवन्तु,
लक्ष्मीः समाविशतु गच्छतु वा यथेष्टम्।
अद्यैव वा मरणमस्तु युगान्तरे वा
न्याय्यात्पथः प्रविचलन्ति पदं न धीराः॥"

से अर्थात्



Sh. V. K. Nadda

"नीति में निपुण लोग चाहे निंदा करें या प्रशंसा, लक्ष्मी आए या चली जाए, आज ही मृत्यु हो या युगों बाद, परन्तु धीर पुरुष न्याय के मार्ग से अपने पद नहीं हटाते।"

नीतिशतक के इस श्लोक को जीवन में मनसा वाचा कर्मणा धारण करने वाले कर्मयोगी श्री ओम प्रकाश मनौली जी का व्यक्तित्व प्रत्येक समाज सेवी के लिए प्रेरणा हो सकता है। समाज में कार्य करते समय आने वाली विघ्न बाधाओं के चलते अधिकांश लोग सेवा पथ छोड़ जाते हैं। मैं गत एक दशक से श्री ओम प्रकाश जी की सेवा साधना का साक्षी रहा हूँ।

अपने कार्य के प्रति इनका समर्पण अद्भुत है। ईश्वर इन्हें अपने स्वीकार्य में इसी प्रकार से निरंतर आगे बढ़ते रहने की प्रेरणा व शक्ति प्रदान करता रहे, यही श्री चरणों में विनती है। भारत सरकार के आयुष मंत्रालय का श्री ओम प्रकाश जी की सेवाएं पहचान कर उनपर * केस स्टडी छापने का निर्णय अत्यंत प्रशंसनीय है। इस कार्य में सहयोगी प्लांट्स बोर्ड के सभी अधिकारियों का भी हृदय से आभार।

Sh. V. K. Nadda,
Organising Secretary,
Vidya Bharati North Zone, Kurukshetra

Message

About ten years back, while I was posted as Chief Executive Officer of the National Medicinal Plants Board, Government of India, I happened to meet Mr. Om Parkash at an official event.

I was impressed by his selfless nature and his deep interest and practical knowledge of silviculture of plants, particularly his dedication in propagating and promoting Indian medicinal plants. Since then, I have observed his enthusiasm in contributing towards conservation of environment and he has been instrumental in establishing of a number of herbal nurseries-especially for Educational Institutions in Union Territory of Chandigarh and the State of Punjab.

His initiatives in promoting eco-friendly Holi colours and composting techniques for schools were impressive, demonstrating practical ways of promoting hands on sustainable approaches in daily lives of students.

I have noted with happiness about the initiative to publish his bio sketch which lists his contributions in the field of plant and environment conservation.

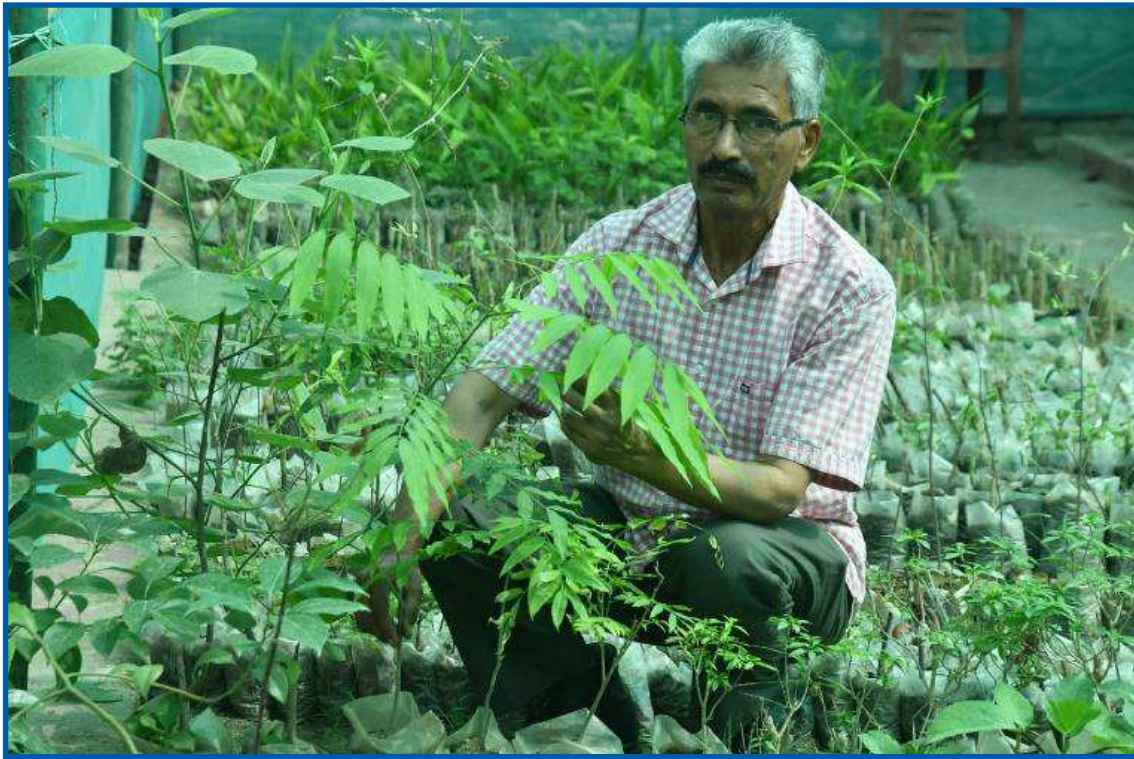
The publication of his achievements would not just be a recognition of his consistent and selfless work but would also be a beacon of inspiration for others. It would serve as a powerful reminder that individual actions can make a significant difference in protecting our environment and promoting biodiversity conservation. I have no doubt his story will motivate many others to embrace sustainable practices in daily life and contribute towards a healthier planet for us all.

I look forward to hearing about his future successes and wish him all the best.



Sh. Jitendra Sharma

Sh. Jitendra Sharma, IFS (Retired),
Ex-Principal Chief Conservator of Forests &
Head of Forest Force, Punjab



*"I'm an Earth warrior, Take care of the earth
and she will take care of you"*

Sh. Om Parkash Manauli

Sh. Om Parkash, an esteemed educationist for 32 years, excels in Punjabi literature and have a passion for environmental conservation. His inspirational contributions extend to extensive research on local herbal plants, emphasizing environmental awareness through programs and significant work in herbal plant conservation. His exceptional journey, from a humble village to receiving a National Award at Rashtra Pati Bhawan from former hon'ble President **Mrs. Pratibha Devisingh Patil**, is a testament to his outstanding achievements. His actions reflect his life philosophy a commitment mirrored in his character. Holding Master's degrees in Punjabi and History, along with an M.Ed. qualification, he extended his studies to include Urdu during his B.A. With a noteworthy 32-year teaching career in various Chandigarh schools, he served in the Department of Education and Environment from September 13, 1986, to September 30, 2018. Beyond teaching, Sh. Om Parkash significantly contributed to education by authoring numerous articles and editing three booklets, showcasing his dedication from student life to his teaching career. His commitment to knowledge is evident in his active participation in international and national workshops, including two on medicinal plants in Delhi and Bangalore, where he gained valuable expertise.



Sh. Om Parkash receiving National Award from former Hon'ble President Mrs. Pratibha Devisingh Patil for his Exceptional achievements in the field of Education and environment on September 5, 2011.

Furthermore, Sh. Om Parkash actively engaged in 40 national and local workshops covering topics like environment, herbal plants, global warming, climate change, and wildlife. Serving as a resource person over 100 times, he shared his knowledge in schools, colleges, and public forums, presenting on subjects such as medicinal plants and their cultivation, contributing significantly to knowledge dissemination. Sh. Om Parkash's impact on herbal and medicinal plants extends beyond his local community. From 2019 to 2021, as a consultant with the Department of Forest in Punjab, he played a pivotal role in establishing 232 herbal gardens, conducting extensive research on native, local, and rare medicinal and herbal plant species. This work significantly contributes to herbal medicine and biodiversity conservation.

Sh. Om Parkash played vital roles in the Chandigarh Administration's Department of Environment, serving as the Coordinator for Eco Clubs from 2010 to 2016 in both schools and colleges in Chandigarh and was nominated as the Principal Coordinator until 2023. His duties included overseeing environmental initiatives in educational institutions. This role allowed him to channelise his passion for environmental conservation into impactful action, recognizing the contribution of educational institutions in nurturing environmental awareness. He created clusters of schools for effective coordination and seamless implementation of green initiatives and awareness programs.



Sh. Om Parkash being Honoured by Sh. Jitender Sharma, CEO of National Medicinal Plants Board, India in 2014.



Commendation Certificate is being received by Sh. Om Parkash, Incharge Sohanjana Eco Club, from U.T. administrator Ret. Justice Sh. O.P. Verma on 05-06-2004



Eco-Club Members with Commendation Certificate during World Environment Day on 05-06-2005 at CII Sector-31, Chandigarh



Special Achievement Award to Sohanjana Eco-Club for the session 2010-11 during the celebration of World Environment Day on 05-08-2011 at Chandigarh Botanical Garden from Sh. K.K. Sharma, Advisor to Administrator, Chandigarh



Award for neat/clean and green environment. 05-06-2011

In 2016-17, he was appointed as the coordinator for 10 herbal nurseries under the Medicinal Plant Board, Chandigarh, and the Department of Forests & Wildlife, Chandigarh. Initiating a project to create herbal gardens in all schools and colleges, he donated self-propagated herbal plants, serving as hands-on learning experiences and promoting indigenous medicinal plants. By his retirement, nearly 100 well-maintained herbal gardens were established, showcasing his expertise in plant cultivation and conservation, even with high-altitude plants in Chandigarh and Punjab. From 2010 to 2018, Sh. Om Parkash passionately collected medicinal plant seeds, with the aim of establishing a medicinal plant seed herbarium, later fulfilled his dream by establishing a medicinal plant seed herbarium in Govt. Smart Model High School, Sector-49, Chandigarh, in 2018.

From 2010 to 2022, Sh. Om Parkash served as a member of the Eco-Clubs Award selection committee for schools and colleges for the Department of Environment, Chandigarh. In 2015, he was a member of the advisory committee for ENVIS (Environmental Information System) contributing to environmental conservation, education, and advisory services in the Chandigarh administration. In 2018, he served as the Nodal Officer for the Rainwater Harvesting Project in collaboration with Rotary Club Chandigarh, supervising its implementation in 10 schools. Additionally, in 2016-17, he held the position of Nodal Officer for tree plantation, coordinating activities to enhance green cover and environmental consciousness in educational institutions. Sh. Om Parkash's leadership led to an innovative initiative within his Eco-club team. Since 2011, they have crafted natural Holi colors from plant and tree parts such as roots, bark, leaves, fruits, and flowers, offering an eco-friendly and skin-friendly alternative for celebrating the festival.

This initiative exemplifies his commitment to sustainable and green practices, showcasing his innovative thinking and vision for eco-conscious festivities. His dedication to sustainable practices is evident through his early initiation of organic manure production. As far back as 2002, he began preparing organic manure using dried leaf litter from the school, even before the municipal corporation and the Chandigarh Administration initiated similar projects. This proactive approach showcases his forward-thinking mind-set and commitment to environmental responsibility. By utilizing available resources and taking the lead in such initiatives, he contributed to promoting eco-friendly and sustainable practices well ahead of their widespread adoption in his community.

One of Sh. Om Parkash's marly triumphs was the organization of a series of workshops, both in Chandigarh and neighbouring towns. These workshops covered a wide range of topics, encompassing waste management, energy conservation, and biodiversity conservation. Distinguished experts from various fields were invited to share their knowledge, and students and teachers eagerly participated, gaining valuable insights into sustainable practices. Moreover, he didn't limit these workshops to Chandigarh but also took teams to renowned institutes like Nauni University in Solan (H.P.), Patanjali in Haridwar, and FRI in Dehradun for comprehensive learning from experts and practical exposure in the field. In addition to workshops, recognizing the significance of afforestation, Sh. Om Parkash launched a plant distribution program under which thousands of plants were distributed at no cost to students, teachers, schools, and the broader community. This initiative not only contributed to a greener Chandigarh but also inspired local residents and environmentalists to actively engage in environmental stewardship. Through his dedication and these initiatives, Sh. Om Parkash has made an enduring impact on environmental awareness and conservation in the region.



Plantation (A) Guggal herbal plant a new beginning, (B) Collection of Rudraksha seeds from Maloya Colony School and Botanical Garden, Sarangpur, (C) Rare flower of Kali Haldi, picture taken from Sarvhitkari herbal garden Sector-71, Mohali (D) *Viola odorata* (Banafsha), recognized as a rare species in the herbal plants category marks a notable achievement in the Indian healthcare system



A workshop on medicinal plants was held at Patanjali in the presence of Baba Ramdev Ji on May 2015.



Sarvhitkari herbal seed corner in the regional conference at Jalandhar from 9-06-2012 to 12-06-2023



Demo on Vermicompost by Sh. Om Parkash at GMSSS-46-D, Chandigarh



Sh. Om Parkash was appointed as a Consultant for the National Ayush Green Mission Punjab (Extension) and Green Mission Punjab (Extension) by the Department of Forest and Wildlife from 1/07/2019 to 30/06/2020 and from 1/07/2020 to 30/06/2021. Sh. Om Parkash is also involved in various environmental and educational initiatives in the Punjab region. Here's a summary of his roles and responsibilities:

Herbal Garden and Herbal Nursery: Sh. Om Parkash is running Herbal Garden and Herbal Nursery spanning 2500 square meters at Jitender Veer Sarvhitkari Senior Secondary School Sector-71, Mohali under the Sarvhitkari Educational Society, Punjab with 80 species of herbal plants including rare varieties for promoting the cultivation and conservation of medicinal plants.



Guldaudi show organised by Sarvhitkari Educational Society Punjab from December 10-11, 2022. During the event, Social Worker Shri Latit Behl was seen capturing images of the Guldandi flowers



Pictures of Herbal Garden, nurseries and roof top herbal garden developed by Sh. Om Parkash

Herbarium in Gov. Smart Model High School Sector-45, Chandigarh

Regional Environment Coordinator: Since November 2021, he hold the position of Regional Environment Coordinator for Vidya Bharti in the North Region, which includes Punjab, Haryana, Himachal Pradesh, Delhi, and Jammu & Kashmir. This involved coordinating and overseeing Vidya Bharti environmental initiatives and activities within educational institutes affiliated with Vidya Bharti.

As of 1/11/2023, Sh. Om Parkash is the Principal Coordinator nominated by the Department of Environment Administration, managing and organizing environmental programs in schools and colleges in Chandigarh. He actively engages in environmental and educational activities, collaborating with various organizations for awareness and conservation. Sh. Om Parkash attributes his achievements to students, Eco-Club leaders, the administration of the Department of Forest & Environment, and acknowledges knowledge gained from institutions like FRI Dehradun, Dr. Y.S. Parmar University, Solan, and renowned personalities like Baba Ram Dev Ji and Acharya Bal Krishan Ji and grateful for local community's support to conduct research on identifying local herbal plants.

Unfinished dreams and vision for a sustainable future: Sh. Om Parkash's unfinished dreams and vision for a sustainable future are deeply rooted in his lifelong commitment to education, environmental conservation, and herbal medicines. Some of his aspirations and goals include:

♦ **Expanding Educational Initiatives:** Sh. Om Parkash aims to further expand educational programs, focusing on environmental awareness and conservation. His vision involves creating more opportunities for students to engage with nature and learn about sustainable practices promoting indigenous herbal plants. Given his expertise in herbal plants, Sh. Om Parkash's dreams include promoting the use of indigenous medicinal plants and traditional healing methods. He envisions establishing herbal clinics or promoting herbal remedies for common health issues.

♦ **Community Based Initiatives:** A sustainable future often depends on community involvement. Sh. Om Parkash aspires to empower local communities to take an active role in preserving their natural surroundings, perhaps through tree-plantation initiatives, waste reduction programs, and organic farming.

♦ **Eco Friendly Living:** His vision includes advocating for eco-friendly lifestyles among individuals and families. This encompasses promoting energy efficiency, waste reduction, and using sustainable products in everyday life.

♦ **Research and Documentation:** He would like to continue his research on rare and native medicinal plant species and further expanding his medicinal plant seed herbarium. This work will contribute to the conservation and propagation of valuable plant species.

♦ **Collaboration and Networking:** He seeks to expand his network and collaborate with a wider range of organizations, both nationally and internationally, to amplify the impact of his initiatives and share knowledge and best practices.

♦ **Policy Advocacy:** Sh. Om Parkash aspires to have a voice in shaping environmental and educational policies, working to influence governmental decisions that support sustainability and conservation efforts.

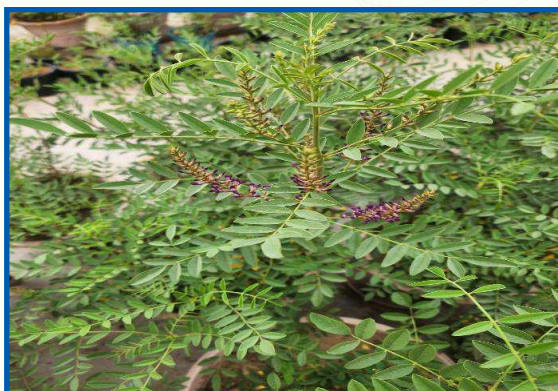
♦ **Inspiring Future Generations:** Above all, his dreams and vision are centred on inspiring and educating future generations to carry the torch of sustainable practices, environmental stewardship, and herbal medicine forward.

His hardwork and unwavering dedication to create a better, more sustainable world for current and future generations is commendable as fostering environment conservation strategies and inspiring positive change in the community.

Awards to Sh. Om Parkash

S.No.	Name of Award	Date
1.	National Award by Govt. of India in Recognition to Valuable Services of Outstanding Merit	5-09-2011
2.	State Award for Valuable Services in Community as a Teacher of Outstanding Merit by Education Department Chandigarh	5-09-1997
3.	Merit Certificate for Distinguished Services to the Cause of Education by Education Department Chandigarh	5-09-1996
4.	Commendation Certificate for his Outstanding Contribution to Environment Protection and Conservation by Environment Society of India, Chandigarh	5-06-2007
5.	Certificate of Commendation by Chandigarh Administration	15-08-2012

Rare Herbal Plants at Sarvhitkar Herbal Garden in Sector-71, Mohali



Glycyrrhiza glabra (Mulathi)



Ruta graveolens (Sadab)



Pelargonium graveolens (Geranium)



Silybum marianum (Milk Thistle)



Anarjal



Rauvolfia serpentina (Sarapgandha)



Centratherum punctatum (Uchanti)



Leucas cephalotes (Dronpushpi)

THE INDIAN EXPRESS, FRIDAY, MAY 16, 2025

THE CITY

Punjabi by nature

Instrumental in establishing over 100 herbal gardens, big and small, in schools and colleges of Chandigarh, this former Punjabi lecturer is busy reaping the harvest of hard work and refuses to retire from the field of medicinal plantation as yet

RAJESH CHANDER SHARMA
CHANDIGARH, MAY 15

DOWN TO EARTH—that is how people describe Om Parkash, 67. It is the earth indeed which occupies a prominent and permanent place in the life of this Mohali man—his native place, Manaudi village, falls in Sector 83, but he is settled in Sector 71. When he was in Class 4, a fall from his village jamun tree left him with a slight limp for good. But he has covered a good distance—on foot, on cycle, on scooter—in search of Punjabi folklore and medicinal plants.

There is a bounce in his step when he goes around showing the herbal garden he has curated at Jitender Veer Sarvjitkari Model Senior Secondary School, Sector 71, Mohali. "Mulethi, touch me not, shatavari, milk thistle, centred geranium, camphor, sargandha, 11 types of pudina, ratti, guggul, kalamegh, parn patta and vishali," says the former Punjabi lecturer, reciting out a few names and gesturing towards the ground.

According to him, there are more than 100 species of herbs and shrubs, including medicinal plants, in the herbal garden. Also, there is a medicinal plant nursery which has 20 types of herbal plants. These plants are supplied to other schools for planting herbal gardens on their campuses.

Actually, his love for herbal gardens first bloomed at Government Model Senior Secondary School, Sector 46-D, Chandigarh, in 2002. He was in charge of the school's Sohanjana Eco Club which went on to win the Best Eco Club Award by the UT Department of Environment for 2006-07, 2007-08, and 2008-09. In due course of time, more acknowledgement and appreciation poured in: he was made coordinator of eco clubs of all schools and tasked with establishing herbal gardens, among other things, in all of them. Interestingly, to help him perform this new role, he was relieved of teaching work on Saturdays.

In 2013, he was promoted as Punjabi lecturer and transferred to GMSSS-16-D, Chandigarh, where he planted a herbal garden and made a herbal plant nursery. In fact, from 2010 to 2018, he worked for different schools and colleges in the field of medicinal plantation.

And his work impressed one and all. In 2018, the UT Department of Environment asked him to establish a medicinal plant seeds herbarium at Government Smart High School, Sector 49, Chandigarh. "I did that in two months—from August to September," he says.

The Punjab Department of Forests under the then principal chief conservator of forests (PCCF), Jitendra Sharma, appointed him as consultant for the establishment of herbal gardens in different schools of Punjab from July 2019 to June 2023.

Coordinator of eco clubs of Chandigarh schools from 2010 to 2018, Parkash worked as principal coordinator for all schools and colleges in the city from 2016 to 2022. Again, from November 2023 to this day, he



AT WORK: Om Parkash in the herbal garden at Jitender Veer Sarvjitkari Model Senior Secondary School, Sector 71, Mohali; (right) the cover of the booklet brought out by the National Medicinal Plants Board. *Asmita Mehta*

has been discharging his honorary services as the principal coordinator.

T C Nautiyal, who retired as UT chief conservator of forests (CCF) in February this year, admits "he (Parkash) knows more than us". Sharma is impressed with his "selfless passion and domain knowledge". "He is a great resource person. We implemented a successful and wonderful project in Punjab with his assistance. The government should identify, encourage and nurture people like him, and map their achievements," says Sharma, who is also former chief executive officer of the National Medicinal Plants Board.

While Parkash's research on Punjabi folklore—*Puadhi De Ahluat (Padi) jiti jide*—is yet to see the light of day, he himself has become the subject matter of a publication. Now the regional centre of the National Medicinal Plants Board is bringing out a booklet on him: "Cultivating success: A case study on Sh. Om Parkash's passion for medicinal plants, environment and biodiversity conservation." This booklet is a recognition of his extraordinary efforts in the field of medicinal plantation. We are bringing out

Medicinal plants are great gifts by the earth for mankind to stay healthy. The mother earth is so kind, it takes so much care of us"

OM PARKASH
PRINCIPAL COORDINATOR,
ECO CLUBS ENVIRONMENT
SOCIETIES, UT DEPARTMENT
OF ENVIRONMENT

such a publication for the first time. Without any family background in this field, without any training and without any government incentive, he has done a wonderful job. He has been instrumental in creating more than 100 herbal gardens, big and small, in schools and colleges of Chandigarh. His madness is worth emulating," says Dr Arun Chandan, regional director (north), National Medicinal Plants Board.

Ranjna Sharma, who wrote this booklet, finds the protagonist "very hardworking, very enthusiastic". "He is like a young boy. He is always doing new things for the environment," says the former Assistant Professor of Environment Education at Post-Graduate Government College for Girls, Sector 42, Chandigarh. Now she works as a senior scientific officer in the department of environment of Government of NCT of Delhi.

For Prabhjot Sodhi, senior programme director (circular economy), Centre for Environment Education, Parkash is an encyclopedia. "He supplied to me at least 15,000 saplings—all free of cost—over a period of five years. Those saplings were meant for a project I was doing for Delhi schools. Once I received five gilly saplings from him which were planted by the then environment minister Prakash Javadekar."

How did Parkash acquire such vast knowledge? "When I was young, I used to visit our neighbourhood hakim (doctor). He would send me to collect jaldi-buti (medicinal herbs and plants) from the jungle and would be happy to see what I brought. I learned a lot from him. From one pansari (a vendor of drugs, spices and grocery items) to another, from one ayurvedic doc-

tor to another, from one expert to another, from one village elder to another, from one gardener to another, from one forest to another, from one seminar to another, and from one article to another in books and on the internet, I kept on learning about the medicinal herbs and plants," says the soft-spoken sexagenarian.

Man (ure) of the moment

During Parkash's stint at the GMSSS-46-D, Chandigarh, herbal plants were distributed to schools and colleges free of cost. Along with that, organic fertiliser was given too. He claims his school took the lead in making vermi-compost and manure from leaves in Chandigarh. Teachers and students from other schools would come to see this work. In 2009, 84 science teachers from Haryana, who worked as master trainers, had visited our school to see the fertiliser project," he recalls.

Samwarkat Singh, the then UT director of school education, remembers Parkash "doing many innovative things". "When it comes to making vermi-compost and manure from leaves, he was among the

early risers in the city. He was doing various things to make the earth more beautiful. I encouraged him right from day one," says Singh, who is now special secretary, Haryana government.

Colourfully, naturally

In 2012, Parkash claims to have made natural Holi colours in Chandigarh for the first time. Again, GMSSS-46-D, Chandigarh, took the lead. According to Baljinder Kaur, lecturer in Chemistry, GMSSS-46-D, this is how they got different herbal Holi colours:
PINK: Arrowroot + beetroot juice
YELLOW: Turmeric juice + arrowroot
GREEN: Palak juice + dhanija juice + arrowroot
ORANGE: Beetroot juice + turmeric juice + arrowroot
MAGENTA: Beetroot juice + arrowroot. Dry and then again add beetroot juice.

Santosh Kumar, the then CCF from 2010 to 2018, says among the eco clubs of Chandigarh, the Sohanjana Eco Club was the first to make herbal Holi colours. "Initially, the quantity of colours was limited. When they were encouraged, they produced 50 kg colours. The result was brilliant. Once we put up a stall to sell these colours at the Rose Festival," says Kumar, who is now chief vigilance officer, National Hydroelectric Power Corporation. "The club made another brilliant move by withdrawing from the competition after winning the best eco club award many times. It was done just to make sure others got an equal chance to excel."

Flower power

Parkash is at the forefront of a flower show as well. He has been spearheading the chrysanthemum show in Mohali. From 650 guldaudi (chrysanthemum) pots in 2010 to 1,900 guldaudi pots in 2023 to 2,000 guldaudi pots in 2024, he has been going from strength to strength.

His old students have come forward to support the initiative. "His dedication is exemplary. So, I thought I too should do my bit," says Bhag Singh Badwan, from 1985-86 batch and now settled in Canada, who contributes financially to the show.

Prof. R K Kohli, Vice-Chancellor of Amity University, Mohali, who inaugurated the last year's chrysanthemum show, says, "The effort is commendable, considering their resources and scale are small."

So, what keeps Parkash going—now in his 67? "I want the earth to be full of fresh air, full of greenery, and its inhabitants full of health. After all, health is wealth. Medicinal plants are great gifts by the earth for mankind to stay healthy. The mother earth is so kind, it takes so much care of us. Our existence is because of the earth. We should take care of the earth and make it greener and grander. *Mera muih mein kuchh rulin, jo kuchh hai us se ruih* (Nothing is mine within myself. Whatever there is, is yours, O Lord)," says Parkash as he pants for breath, fighting the remnants of asthma which afflicted him during his school days.

A new idea takes root on Chandigarh school's green route

RAJESH CHANDER SHARMA
CHANDIGARH, MAY 15

ST. STEPHEN'S School, Sector 45-B, Chandigarh, has created a new post: Herbal plants educator.

"My school director Harold Carver is in love with plants. When this proposal came up, he readily approved it," says Principal Barry Francis.

For a school that already has a herbal garden and herbal plant nursery on its campus, the new post is the next big step. The step, Francis claims, aims to achieve 100% herbal and medicinal plant literacy among its students.

"This is a historic moment. As far as I know, such a post didn't exist earlier anywhere in the country. The school has taken a commendable step. This will not only go a long way in spreading awareness about medicinal plants but will also open up new opportunities for entrepreneur-

ship and skill development under the new education policy," says Dr Arun Chandan, regional director (north), National Medicinal Plants Board.

Om Parkash, principal coordinator of eco clubs and environment societies (schools and colleges), UT Department of Environment, has been appointed to the post. "We wanted to take advantage of his experience and knowledge," says Francis.

Parkash, on his part, is excited. "The new role has filled me with new energy. All my life I taught social science and Punjabi to my students, and retired as a Punjabi lecturer. Now I am teaching a subject that is close to my heart," he says.

His Punjabi—or a mix of Punjabi, Hindi and a little bit of English—poses no problem for the students who are used to English as a medium of instruction. "Language is no barrier. We understand whatever he teaches,"



Herbal plants educator Om Parkash with students of St. Stephen's School, Sector 45-B, in the Botanical Garden. *Express*

says Tazmeen Kaur, 13, Class 9. The teaching takes place in the open—in the Botanical Garden to be precise. "I felt I was in the lap of nature. There were so many plants. It was an amazing experience. I gained a lot of knowledge about Ayurveda which is the basis of Indian culture," says Kaur, talking about her visit to the garden.

Another student smelled "scent of hope" in the garden. "The visit connected us with something we had lost. Sir helped us loosen up. Ayurveda is the foundation of India. There is no doubt about it. Now I would talk to my family and friends about our rich heritage," says Dhara Kulashri, 13, Class 9.

Seema Gupta, head of environment department and in-charge of eco club, is happy to see the school grow greener. "I joined the school in 2007 and have been associated with the eco club since then. We have a green

house and a manure pit as well. We are doing rainwater harvesting to recharge the water table and have installed solar panels. Besides, we carry out plantation drives, distribute cloth bags made by students, and stage nakkad natak to raise awareness about the environment. All these activities we hold outside the school."

According to the principal, the school allows no plastic bags and no junk food on the campus, and believes in "giving only plants as a token of appreciation to guests and chief guests".

Meanwhile, the "back to the (medicinal roots) journey continues." "We have more than 2,000 students. Each one of them will be taken to the Botanical Garden. We want our students to reach a stage where they are able to tell their parents not to take medicines for problems that can be treated with medicinal plants," says Francis.

Shri Om Parkash Manauli's Achievements as a Passionate Environmentalist



Attendees check out medicinal plants at the 'Farm to Pharmacy' workshop. TRIBUNE PHOTO: VICKY

TRIBUNE NEWS SERVICE

Private Limited, Dera Bassi, shared insights with farmers about the medicinal plants used in the pharmacy industry. He emphasised the importance of cultivating Ashwagandha, Sargandha, Pitt Papra, Milk Thistle, Satyanashi, Black and White Kaunch, along with Harad, Amla, and Baheda, which can be highly beneficial for farmers.

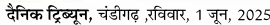
The workshop saw participation from 14 progressive farmers from Mohali, Rategarh Sahib, and Ambala districts.

Valid (doctor) HC Gau-

tam provided a detailed explanation of the benefits of Ashwagandha to the participants.

Om Prakash Manouli, Environment Education Coordinator of Vidya Bharati, Northern Region, meanwhile, educated the farmers about the herbal plants available on the school campus. Additionally, discussions were held on herbal plant nurseries, medicinal plant seeds, herbariums, and the process of making natural Holi colors.

Bhag Singh Baidwan, Chairperson of the Green School Project, highlighted the significance of the herbal garden developed within the school premises, stating that it plays a crucial role in promoting a healthy lifestyle. He also shared plans to develop this herbal garden at a national level to provide extensive learning opportunities for students. Farmers also exchanged knowledge about other medicinal plants available at their respective region.



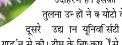
किसी वजह से शरीर में कहीं दर्द हो जाये तो आम तौर पर दवाएं दी जाती हैं। लेकिन अब वैज्ञानिक लोगों को दर्द से निपटने में मदद करने के लिए वैश्विक तरीके खोज रहे हैं। इनमें शामिल है कुदरती वातावरण में रहना। हालिया शोधों में सामने आया है कि प्रकृति को निहारने से तंत्रिका तंत्र की गतिविधि पर सीधे प्रभाव पड़ता है जिससे दर्द कम होता है। वैज्ञानिकों ने प्रतिभागीओं की मस्तिष्क की प्रतिक्रिया जानने के लिए स्कैनर का उपयोग किया जो प्राकृतिक दृश्य देखने से दर्द से राहत के संकेत मिले

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खूबसूरत उद्यानों के चित्रितसीय लाभ

एक अन्य य अथ ययन में वैशिकों ने खूबरसूरत उद्योगों के विकास सेय लाभों को रेखांकित किया है। किसी खूबरसूरत यगीयों में किसी कोने में ययुचाय बैठ कर, प्रेक्षकों गिराया किसी अछा नहीं लगता। परेयसी और रंग-बिरंगे फूलों के अवलेखन के लिए उद्योग हरीय शी श्रम के लिए बनाय जाते हैं। ये लोगो को बस देखने, संस लेने और वत ययन को महसूस करने के लिए जगह देते हैं। यविकन शांतिपूजन विश्व म प्रस करने के अलावा, ये हरे-परे र ययन कुछ और भी मूय ययान योगदान करते हैं। ये हरे तनाव से निपटने में मदद करते हैं। कुछ उद्योगाधिकार आपमद ययययय होते हैं।

क्या किनो के एक समूह ने हाता ही में 'पा
 लगाव के कुछ उद्यम इन दूसरों को
 तुलना में अधिक शक्ति और
 आत्मरक्षा के शक्ति को हैं।
 उनका अधः पतन
 ब योद्धा के मुक्ति-
 एन उद्यम का पार
 के द्वितीय, जे
 जा पा नी
 विजय का
 एक प्रसिद्ध
 उदाहरण है। इसकी
 तुलना उद्यमों के ब योद्धा
 दूसरे
 इन 'पुनर्विजय' की
 गण' से जो कि उद्यम के निज उद्यम 'मे



पता चलता है कि ये विशेष हरे-भरे स्थान मन को शांत बनाते हैं। यह अध्ययन नागासाकी विश्वविद्यालय और पिदु सवर्ग विश्वविद्यालय का संयुक्त प्रयास था।

उद्यान का डिजाइन भी महत्वपूर्ण कारक

[illegible]

गाई'न में, लोगों की नज़रें दृढ़ य में तेजी से घूम रही थीं। उनकी नज़रें एक विवरण से दूसरे विवरण पर जा रही थीं। एक हाथक एक कंधा कर दरवाज़े की घाटी। सुनिश्चित कि गाई'न में ऐसा नहीं था, जहाँ लोग न यदाकर कुछ खास विशेषता को देखते थे। फिर सबा'न विवरण विवरण तय करें एक - यूरोपावालिजिस्ट ट प्रोफ़ेसर क्लिय'न हेरु प में कभी फिर हमने तेजी से नज़र बदलते और हृदय गति में कनाही और मेहरान मुड़ के बीच संबंध पाया। एक अन्ध छी तरह से तैयार किए गए जपानी गाई'न को देखने वाले दरवा' की राखअनुभव किए जाने वाले तनाव में कमी होती है रू प से डिजाइन की विरोधप्रताओं के कारण मुहुर में।

रखरखाव का भी मूड पर असर

[illegible]

हर्बल बागवानी



आयुर्वेदिक पद्धति से जड़ी-बूटियों
औषधियाँ तैयार करने व रोगों के
इलाज की प्राचीन परंपरा है। असल
में, कुछ दवाओं के साइड इफेक्ट्स
सामने आ रहे हैं तो लोग फिर से
हर्बल चिकित्सा की ओर लौट रहे हैं।
ऐसे में हर्बल व प्राकृतिक खेती की
ओर रुझान भी बढ़ा है।

लेकिन यह सत्य है। यह अलग बात है कि विभिन्न के निदान में काम आने वाले इन हबल पौधों या इ फल-फूलों का सेवन डॉक्टर देखरेख में ही किया चाहिए। इनकी खेती की जानकारी आज अनेक संस्थ दे रही हैं। कई विश्व विद्यालयों में भी इन पर क

हर्बल पेड़-पौधे और इनके फायदे

अनेक ऐसे ओषधीय पौधे हैं। जिनकी माँग बाजार में हरिजन बनी रहती है। इसलिए ये पौधे - पौधे आज का जमाना बचाने सकते हैं। साथ ही कुछ हद तक पंजाब से होते हैं। जिनका सीधे से प्रत्यक्ष फायदा सरकार है यानी किसान, पटवारी, डाईट वगैरह का जलू रस नहीं होता। मसूर, पुर्णि, तुलसी, एलोविंग, गिलोय, अजंदा-लेमन पत्र, हरी दीप, अदुके अलता जो आज के पौधे उनमें अग्रगण्य वही बहुत महत्वपूर्ण है। इसके अलावा हाइड्र, व र ही, स्टोयिंग, रु द ह, वेहड ड, सुले, डर, शतावरी, जटामांसी, मसूर, ग्राज, घटकर, मुलेठी, ईश्वरगन्ध, अमरगन्ध, लफाज, पतंग, गंगाजोरा, धारसंगम अदुके हैं। आज का विरियोग, मोगरा जैसे अदुके पौधे - पौधे हैं जिससे डल बनया सकता है। इन पौधों को लगाने से आसपास का वातावरण भी सुस्थिर हो जायेगा है। एक पौधा सिंगर व भी होता है जिससे डल सिंगर होता है।

रंथों को खनाने का उपक्रम

कई बार प्रयोग किए गए फूलों को लोग ऐसे ही पतले देते हैं। यफिर वह कूड़ेदान में चले जाते हैं। कुछ पॉलिथीन की पत्तियाँ सहित उनसे प्रक्षिप्त कर देते हैं। पर्यवरण के लिए हानिकारक है, लेकिन अब हब'ल को बनाने का उपकरण भी चल रहा है। हब'ल बागम से ही जुड़ा। एवं रसायन शास्त्र की व्याख्या बता करती जाती है कि इन फूलों के अलावा चुंदर, हरी आदि से प्राकृतिक रंगों का निमग्न किया जाता है। उन-होने बताया कि इन रंगों में से कुछ तो उपद्रवक

तरह काम करते हैं साथ ही इनको बनाने से दोहरा फायदा है। एक तो रसायन न होने से इनका दवा पर कोई प्रतिकूल प्रभाव नहीं पड़ेगा, दूसरा इससे कमाई भी की जा सकती है। बलजिंदर कौर ने बताया कि सूर्य सहायता समूहों के साथ वह इस तरह की ट्रेनिंग प्रशिक्षण लेती हैं और इन हबल रॉकेटों को बाजार में सप्लाई किया जाता है।

हमें तो उपहार मिला है प्रकृति से

हबल बगवान्नी के साथ ओम प्र ङ्ग के शिष्य एयं वत मान में कानाडा से लुका सिंह कठने के अनेक इलाकों में संबंधित काम कर रहे पाया सिंह कहते हैं भारत देश तो सचमुच महान है। यहाँ तो प्र कृति ने जैसे उपहार दिया है। यहां उपहार चाहे लडाइये के मामले में है। या फिर उपहार कृष्ण के मामले में। जगजी-वृद्धि के लिए भारत जैसा पुर वरिण कहीं नहीं। उन्हों ने बताया कि दुनिया में ऐसे अनगिन हल मसाले या फूल पौधों की जगहरेस्त मांग है जिन्हें भारत में ही उपजाया जा सकता है। उन्हों ने कहा कि समय-समय पर ये लोग किसानों, खासतौर से युवाओं के साथ इस संबंध में सवाद करते हैं।

[illegible]

जुड़े लोगों को मिल सकता है।

[illegible]

मगर हम क
लिन का भ
तो शाय
वश्य इस न

ਮਨੌਲੀ ਨੂੰ ਕਿਸੇ ਨਵੇਂ
ਬਲੇ ਆਯੁਰਵੇਦਿਕ
ਡਾਕਟਰ 'ਤੇ ਥਿੜੇ
ਜ਼ਿਆਦਾ ਗਿਆਨ ਹੈ।
ਮਾਹਿਰ ਵੀ ਉਨ੍ਹਾਂ 'ਤੇ
ਆ ਕੇ ਖੁੱਛਦੇ ਹਨ ਕਿ
ਫਲਾਲੀ ਬੂਟੀ ਉਨ੍ਹਾਂ
ਦੇ ਘਰ 'ਚ ਹੈ, ਉਸ ਦੇ
ਕੀ-ਕੀ ਫ਼ਾਇਦੇ ਹਨ...

[illegible]

ਜਲਵਾਯੂ ਤਬਦੀਲੀਆਂ ਦੇ ਮਾੜੇ ਅਸਰ

ਹੁਣ ਉਹ ਭਾਵੇਂ ਸਰਕਾਰੀ ਸੇਵਾ ਤੇ ਇੰਟੀਅਰ ਹੇ ਚੁੱਕੇ ਹਨ ਪਰ ਫਿਲੌਸੋਫੀ ਸਨ ਸਾਲਾਂ ਦੇਗਰ ਉਹ ਨਸ, ਮਨ ਤੇ ਧਰ ਨਾਲ ਵਾਤਾਵਰਨ ਨੂੰ ਸੁੱਚ ਕਰਨ ਦੇ ਲਈ ਵਾਜੂ ਭਰੋਸ਼ੀਏ ਦੀ ਮਾਫੇ ਸਮਝ ਖਟਾਉਣ ਦੀਆਂ ਕੋਸ਼ਿਸ਼ਾਂ ਵਿਚ ਆਪਣਾ ਪੂਰਾ ਭਾਵ ਲਾਉਂਦੇ ਰਹੇ ਹਨ। ਉਨ੍ਹਾਂ ਦਾ ਕਹਿਣਾ ਹੈ ਕਿ ਉਹ ਧਰਤੀ ਦੇ ਵਿਦ-ਪਾਸੀਆਂ ਦੇ 'ਵਾਤਾਵਰਣ ਦੀ ਸੁਰੱਖਿਆ' ਦੇ ਰਾਖੀ ਨਾਲੀ ਜੂਝਣ ਨਾਲੋਂ ਵਧੇਰੇ ਇਕ ਜੁਝਾਰੂ ਜੋਧੇ ਹਨ। 'ਜੇ ਭੂਮੀ ਧਰਤੀ ਦਾ ਇਖਾਨਾ ਕਰੇਗੀ, ਤਾਂ ਉਹ ਵੀ ਭੂਮਤੀ ਦੇਖਣਾਲੇ ਕਰੇਗੀ।' ਸ਼ੇਰੰਕ ਇਸ ਤਰ੍ਹਾਂ ਇਕ ਦੇਸ਼ ਦਾ 'ਇੰਟੀਆ ਡਾਕਟਰ' ਸੰਸਥਾਨ (ਸਿਸਟਮ ਓਫ ਵਰਡ 35,000 ਤੋਂ ਵੀ ਵੱਧ ਵਿਦਿਅਕ ਅਦਾਰੇ ਸਫਲਤਾ ਸਰਬਰਬ ਚਲੇ ਰਹੇ ਹਨ) ਦੇ ਡਿਰੈਕਟਰ 'ਮਾਧਵੀਨੀਭਾਭਰੀ ਐਂਥਰੋਪੋਲੋਜੀ ਸਮਾਜਵਾਦੀ' ਉਨ੍ਹਾਂ ਦਾ ਪੂਰਾ ਸਾਥ ਦੇ ਰਹੇ ਹਨ।

ਇੱਝ ਸਹਿਜੇ ਹੀ ਵੇਖਿਆ ਤੇ ਪਰਖਿਆ ਜਾ ਸਕਦਾ ਹੈ ਕਿ ਇਕ ਅਧਿਆਪਕ ਅਤੇ ਵਾਤਾਵਰਣ-ਪ੍ਰੇਮੀ (ਐਨਵਾਇਰਨਮੈਂਟਲਿਸਟ) ਵੱਲੋਂ ਹੁੰਦੀ ਇਕ-ਦੋ ਸਲਾਹ ਤੇ ਨਹੀਂ, ਸਗੋਂ ਦਹਾਕਿਆ ਤੇ ਸਰਗਰਮ ਹਨ। ਹੁਣ ਉਹ ਹਰਬਲ ਗਾਫ਼ਨਜ਼ ਤੇ ਹਰਬਲ ਪਲਾਟਸ (ਜ਼ੂਨੀਆ-ਬਟੀਆ ਵਾਲੇ ਪੌਦਿਆਂ) ਦੀਆਂ ਨਰਸਰੀਆਂ ਤੇ ਕੰਸਲਟੈਂਟ (ਸਲਾਹਕਾਰ) ਵਜੋਂ ਵੀ ਵਿਚਰਦੇ ਹਨ। ਉਹ ਪੰਜਾਬੀ ਤੇ ਇਤਿਹਾਸ

ਮਨੌਲੀ ਨੂੰ ਕਿਸੇ ਨਵੇਂ
ਬਲੇ ਆਯੁਰਵੇਦਿਕ
ਡਾਕਟਰ 'ਤੇ ਥਿੜੇ
ਜ਼ਿਆਦਾ ਗਿਆਨ ਹੈ।
ਮਾਹਿਰ ਵੀ ਉਨ੍ਹਾਂ 'ਤੇ
ਆ ਕੇ ਧੁੱਛਦੇ ਹਨ ਕਿ
ਫਲਾਲੀ ਬੂਟੀ ਉਨ੍ਹਾਂ
ਦੇ ਘਰ 'ਚ ਹੈ, ਉਸ ਦੇ
ਕੀ-ਕੀ ਫ਼ਾਇਦੇ ਹਨ...



ਵਾਤਾਵਰਨ ਨੂੰ ਪ੍ਰਭਾਵਿਤ ਓਮ ਪ੍ਰਕਾਸ਼ ਮਨੌਲੀ

ਲਾਹੇਵੰਦ ਜਜ਼ੂਆਂ-ਬੂਟੀਆਂ

ਰੰਗੀਤ ਨਾਲ ਲੈ ਪਿੱਛ ਮਨੋਨੀ 'ਚ 10 ਸਤੰਬਰ, 1988
 ਨ ਜਮੇਂ ਹਨ ਪੁਕਾਸ ਜਿਹੜੀ ਹੋ ਪਿੱਛ ਨਾਂ ਬਹਿਰ
 ਨ ਜਮੇਂ ਹਨ ਪਿੱਛ ਹੋ ਉਹ ਦਰਸਨ ਨਵੀਂ 'ਚ ਲਾਹੌਰ
 ਜੁਗੀਆਂ ਬੁਟੀਆਂ ਝੱਲ ਸੋਏ ਹਨ। ਸੋਚੁਰ ਕਰਦੇ ਨੇ ਤਾਂ ਸਾਨੂੰ
 ਹਰਿਆਣੀ 'ਚ ਹੋ ਵਿਚ ਗੁਰੂਗੁਰੂ ਬਖਸ਼ਾ ਦਿੱਤੇ ਹੋ, ਖੰਸ ਸੁਰੀ
 ਨ ਤਾਂ ਉਹੀ ਹੋ ਪਛਾਣ ਕਰਦੇ ਨੇ ਪਿੱਛ ਹੋ ਤੇ ਤਾਂ ਹੀ ਭੀਰ
 ਨੇ ਤਾਂ ਸੱਚ ਭੰਗੀਆਂ ਹੋ ਕਰ ਖੜ ਗੇ ਹਾਂ। ਉਹ ਥੀਆਂ
 ਬਦੁਸ਼ਹੀ ਤੇ ਆਮ ਆਲੇ ਸੋ ਸਿੱਧ ਬਣਾਏ ਆਨੂੰ ਦੁਆਵੇਂ
 ਮੋਜੂਦ ਅੰਮੀ ਆਨੂੰ ਜੁਗੀਆਂ ਬੁਟੀਆਂ ਤੇ ਤੁੰਗੀ ਹੋ ਦਰਖਾਸ਼
 ਹੋ ਹੋਕਾ ਦਿੱਤੇ ਹਨ। ਜੇ ਪੜਤੀ ਹਰੀ-ਭਰੀ ਹਰੀਆਂ ਤੇ
 ਸਾਡੇ ਜੀਵਨਾਂ ਹੀ ਸੋਚੁਰ ਖੁਸ਼ਹਾਲ ਹੋ ਸਕਦੀਆਂ।

ਮਨੋਨੀ ਨੂੰ ਕਿਸ ਨਵੇਂ ਬੰਦੇ
ਆਸ਼ੂਵਰਤੀਯ ਫ਼ਾਰਕਟ ਤੇ ਕਿਸ
ਗਿਆਨ ਗਿਆਨ ਨੂੰ। ਫ਼ਤਹੀਆ
ਫ਼ਤਹੀਆ ਸ਼ਾਹੀਆ ਉਨ੍ਹਾਂ ਤੇ
ਫ਼ਤਹੀਆ ਸ਼ਾਹੀਆ ਹਨ ਕਿ ਫ਼ਤਹੀਆ
ਫ਼ਤਹੀਆ ਉਨ੍ਹਾਂ ਦੇ ਖੰਡ ਤੇ ਫ਼ਤਹੀਆ
ਫ਼ਤਹੀਆ, ਉਸ ਦੇ ਖੰਡ ਤੇ ਫ਼ਤਹੀਆ
ਫ਼ਤਹੀਆ, ਜਾਂ ਉਸ ਤੇ ਅਕਸ਼ਰ ਉਨ੍ਹਾਂ
ਫ਼ਤਹੀਆ ਪ੍ਰਥਿਤਾ ਉਨ੍ਹਾਂ ਦੇ ਕਿ ਉਨ੍ਹਾਂ
ਫ਼ਤਹੀਆ ਤੇ 'ਜਿਹਾ ਗਿਆਨ ਉਨ੍ਹਾਂ
ਫ਼ਤਹੀਆ ਤੇ ਜਾਂ ਫ਼ਤਹੀਆ ਮਾਸ ਉਨ੍ਹਾਂ
ਫ਼ਤਹੀਆ ਤੇ ਗਿਆਨ ਉਨ੍ਹਾਂ ਫ਼ਤਹੀਆ
ਫ਼ਤਹੀਆ ਜ਼ਰੂਰੀ-ਜ਼ਰੂਰੀ ਜਾਂ ਨੁਸ਼ਾਹੀ
ਫ਼ਤਹੀਆ। 'ਜ਼ਰੂਰੀ ਜਾਂ ਫ਼ਤਹੀਆ
ਫ਼ਤਹੀਆ ਤੇ ਸ਼ਾਹੀਆ ਤੇ ਜਾਂ ਸ਼ਾਹੀਆ
ਫ਼ਤਹੀਆ ਤੇ ਫ਼ਤਹੀਆ ਤੇ ਫ਼ਤਹੀਆ
ਫ਼ਤਹੀਆ ਜਾਂ ਸ਼ਾਹੀਆ ਤੇ ਸ਼ਾਹੀਆ
ਫ਼ਤਹੀਆ ਸ਼ਾਹੀਆ ਸ਼ਾਹੀਆ ਸ਼ਾਹੀਆ
ਫ਼ਤਹੀਆ ਜਾਂ ਸ਼ਾਹੀਆ ਤੇ ਸ਼ਾਹੀਆ
ਫ਼ਤਹੀਆ ਜਾਂ ਸ਼ਾਹੀਆ ਤੇ ਸ਼ਾਹੀਆ

ਲੈਕਚਰਰ ਵਜੋਂ ਵਿਚਰਦੇ ਰਹੇ।



ИЗДАТЕЛЬСТВО

ਮਨੋਨੀ ਨੂੰ 2011 'ਚ ਅਧਿਆਪਕ ਵਿਵਸ ਮੈਂਬਰ ਨਵੀਂ ਵਿਲੀ ਸ਼ਬਿਤ ਸ਼ਾਸ਼ਟਰਪਤੀ ਕਰਨ 'ਚ ਉਦੋਂ ਹੋ ਸ਼ਾਸ਼ਟਰਪਤੀ ਸਮੂਹੀ ਪ੍ਰਤਿਤਾ ਦੇਵੀ ਸਿੰਘ ਪਾਇਲ ਨੇ ਸ਼ਾਸ਼ਟਰੀ ਪੁਰਸਕਾਰ ਨਾਲ ਵਿਵਸਿਧਿਸੀ ਸੀ 1997 ਦੇ ਅਧਿਆਪਕ ਵਿਵਸ ਮੈਂਬਰ ਉਨ੍ਹਾਂ ਨੂੰ ਚੰਗੀਗਤੁ ਦੇ ਸਟੇਟ ਅੰਦਰਾਤ ਨਾਲ ਸਲਾਮਤਿਤ ਕੀਤਾ ਜਾ ਚੁੱਕਾ ਸੀ ਇਸ ਤੋਂ ਇਲਾਵਾ ਉਨ੍ਹਾਂ ਨੂੰ ਦੋ ਵਾਰ ਸਰਕਾਰੀ ਪੇਸ਼ਰ ਤੇ ਸੇਰਿਟ ਸਟਰੀਫਿਕੇਟ (2006) ਪ੍ਰੀਤਸਾਪਤਰ (2007) ਅਤੇ 2012) ਦੀ ਸ਼ਿਲਾ ਚੁੱਕੇ ਹਨ।

ਵਿਸ਼ਿਆ 'ਚ ਡਬਲ ਐਮ.ਏ.
ਅਤੇ ਐਮਐੱਫ. ਹਨ, ਇਸੇ ਲਈ
ਸਰਕਾਰੀ ਸਕੂਲਾਂ 'ਚ ਆਪਣੀਆਂ
ਅਕਾਦਮਿਕ ਸੇਵਾਵਾਂ ਦੌਰਾਨ ਉਹ
ਸੰਸਥਾ ਸਟੱਡੀ ਮਾਸਟਰ ਤੇ ਪੰਜਾਬੀ

ਅਜਿਹੀਆਂ ਸ਼ਾਨਦਾਰ

ਪ੍ਰਾਪਤੀਆਂ ਕਾਰਨ ਹੀ ਭਾਰਤ
ਅਪਰੰਪਰ ਮੰਨਿਆ ਨੇ ਸਮਾਜ ਦੇ
ਸ੍ਰੀ ਮੰਨੀਏ ਬਾਰੇ ਅਨੇਕਾਂ ਹੀ
ਚੰਦਿਕ ਕਿਤਾਬਾਂ-ਸ੍ਰੀ ਚਿੰਤਾ
ਪ੍ਰਕਾਸ਼ ਨੇ ਆਪਣੇ ਆਪ ਮੰਨਿਆ
ਪ੍ਰਣਾਲ, ਇਨ੍ਹਾਂ ਪ੍ਰਣਾਲਾਂ ਦੇ
ਭਾਵ ਬਾਇਓ-ਇਕਾਗਿਸਮੀ
ਕੌਰਵਰ ਕਰਨਾ (ਓਮ ਪ੍ਰਕਾਸ਼
ਦਾ ਅੰਸ਼ ਪ੍ਰਣਾਲ-ਪ੍ਰਣਾਲੀ)
ਕਾਰਣਕ ਦੇ ਸੰਕੇਤ ਪ੍ਰਣਾਲੀ
ਹੀ ਸੰਕੇਤੀ ਲਈ ਜਨਤਕ
ਪ੍ਰਣਾਲੀ ਕਰਨਾ, ਨੇ ਪ੍ਰਣਾਲੀ
ਇਕ ਭਾਵ ਕਰਨਾ ਉਪਲਬਧ
ਦੇ ਵਿਚਿੱਤਰੀਆਂ। ਇਹ ਪ੍ਰਣਾਲੀ
ਮਿਆਦ ਪ੍ਰਣਾਲੀ ਦੇ ਮੰਨੀ
ਦੇ ਸੰਕੇਤਿਕਤਾ ਦੇ ਭਾਵ
ਦਾ ਦੇ ਇਲਾਜ ਪ੍ਰਣਾਲੀ
ਬਾਰੇ ਬੇਨ ਸੰਸਾਰ (ਪ੍ਰਣਾਲੀ
ਪ੍ਰਣਾਲੀ) ਇਹ ਪ੍ਰਣਾਲੀ
ਸਿਮਰਨ ਆਪਣੇ ਮੰਨਿਆ
ਮੰਨਿਆ ਕਰਨਾ ਮੰਨਿਆ
ਮੰਨਿਆ ਕਰਨਾ ਮੰਨਿਆ
ਪ੍ਰਣਾਲੀ ਕਰਨਾ ਮੰਨਿਆ।

ਜਫ਼ੀਆਂ-ਬੂਟੀਆਂ ਦਾ ਗਿਆਨ

ਵਿੱਖਿਆ ਦੇਣੀ। ਉਸ ਸਮੇਂ ਸਿਟੀ-ਨਿਓ-ਸਿਟੀ ਹੋ ਗਏ ਸਨ। ਹਰਕ ਜਗੀ-ਭੁੱਖੀ 'ਤੇ ਬਸ ਉਹ ਪਿਲਾ ਕੀ ਗਈ ਹੋਈ। ਪਿਲਾ ਕੀ ਉਹ ਸੁਕਣ 'ਤੇ ਭਿਝਕ ਗਈ ਸੀ। ਸਿਟੀ (ਮੈਟੀਸਮ) ਪਲਾਟਾਂ 'ਤੇ 2,000 ਲੋਕਾਂ ਭੁੱਖ ਹੋਕੇ ਸਿਟੀ ਲਸ਼ਮੀ ਨੂੰ ਲਾਈ। ਲੋਕਾਂ ਨੂੰ ਭੁੱਖਾ ਆਉਂਦੇ ਸਨ। ਇਸ ਲਾਸ਼ਮੀ ਨੂੰ 84 ਸਿਟੀ-ਬੁੱਢੀਆਂ ਵਿਸ਼ਵਕਰਮ ਲੱਖੀਆਂ ਹਨ। ਜਿਸ ਪੌਣਿਆ 'ਤੇ ਰੂਪ ਨੂੰ ਕੀ ਮਿਸ਼ਨ ਇਸ ਨਾਵੇ 'ਤੇ ਭਾਵ ਗਿਣਤੀ 10 ਬਦਲ ਗਈ ਹੈ ਭਾਵ-ਭਾਵ ਵਿਚ, ਮੁਸ਼ਕ-ਮੁਸ਼ਕ (ਕੈਨੇਡਾ) ਭਿਝਕ, ਮੁਸ਼ਕ-ਮੁਸ਼ਕ 35 ਹਰਕ ਆਪਸ ਭੁੱਖੀ ਇਸ ਨਾਵੇ 'ਤੇ ਮੌਜੂਦ ਹਨ। ਜਿਸ 'ਤੇ ਇਹਨਾਂ ਨਾਵੇ 'ਤੇ ਕੀ ਇਸ ਵੱਖੀ ਨਾਵੇ-ਲਿਖੀ ਜਾ ਸਕਦੀ ਹੈ।

ਮੈਟੀਸ ਸੁਕਣ 'ਤੇ ਪਿਲਾ ਇੰਨਾ ਸੁਕਣ 'ਤੇ ਗੁਲਾਬੀਆਂ ਸੌਣ ਕੀ ਛਕਾਉਣੀ ਆ ਰਹੀ ਹਨ। ਉਸ ਸੁਕਣ 'ਤੇ ਕੁੱਲ-ਭਾਵ ਸੋਢਾਵਾਂ-ਭਾਵ ਜਿਸ ਸਿਫਾ-ਭਾਵ ਦੇ ਮੁਖੀਆਂ ਛਕਾ ਕੀ ਹਨ। ਇਹ ਕੀ ਆਪਣੇ-ਆਪ 'ਚ ਉਹ 'ਤੇ ਇਕ ਇਕਦਰ ਗੁਰਦੇ।

हर्बल गार्डन से छात्रों को औषधीय पौधों का मिलेगा ज्ञान, कैरिअर को लगेगे पंख

जितेंद्रवीर सर्वहितकरी मॉडल सीनियर सेकंडरी स्कूल में सौ से ज्यादा प्रजातियां

संवाद न्यूज एजेंसी



हर्बल गार्डन के बारे में जानकारी देने पर्यावरण समन्वयक ओम प्रकाश मनीषी। omprakashmani@rediffmail.com



हर्बल गार्डन में लगे कई प्रकार के औषधीय पौधे। संत

पोहाली। सेक्टर-71 स्थित जितेंद्रवर्मा सर्वोपेक्षकारी मॉडल संग्रहालय सेक्टर-71 स्कुल में अने हार्बल गार्डन में से सौ से ज्यादा प्रजातियाँ हैं। इसमें अग्नि शिखर, चंद्रमूल, संतूर, ओडोमस, मरगंधा, कड़ी पत्ता, लहसुन, डूंगनफुट, रत्ती, कोरी, जिन्नर, काला धतुआ, पगलसा, कौरे, पोपली, टच भी नोट अर्द्ध प्रजाति मानव हैं।

इस गार्डन के बारे में पर्यावरण समन्वयक ओम प्रकाश मनीली ने बताया कि विद्यार्थियों को देश की पुरानी जड़ों, ब्रिटिशों के बारे में जानकारी देने से लेकर इसी क्षेत्र में अपने भविष्य में रोजगार चुनने तक का लक्ष्य लेकर इस प्रोजेक्ट की शुरुआत की गई।

इसकी शुरुआत एक फरवरी 2022 में विश्वा भारती पंजाब के मार्गदर्शन में शुरू हुई थी। स्कूल प्रबंधन, विद्यार्थियों और मैनेजमेंट के सहयोग से माँडल हबल गार्डन के प्रोजेक्ट को दो साल की अवधि में पूरा किया गया।

उन्होंने बताया कि प्रोजेक्ट के माध्यम से वह अन्य विद्यालयों में भी इस तरह के प्रोजेक्ट शुरू करना चाहते हैं ताकि विद्यार्थी, अध्यापक और अन्य लोग प्राचीन ङाड़ी-बुटियों के ज्ञान को आधुनिक ङाड़ियों के सहयोग से अपने जीवन में प्रयोग कर सकें।

साथ ही उनका मानना है कि मेडिसिन विज्ञान में रुचि रखने वाले विद्यार्थियों का इस क्षेत्र में उत्साह बढ़े और वह पढ़ाई के साथ-साथ इस क्षेत्र में अपना कैरियर बनाकर इसकी जानकारी को बढ़े स्तर पर ले जाएं। स्कूल में धने हबल गार्डन और मेडिसिनल प्लांट्स नर्सरी में शा



हर्बल गार्डन के बारे में जानकारी देते प



हर्बल गार्डन में लगे कई

उन्होंने बताया कि वर्ष 2000 में उस समय की सरकार ने राष्ट्रीय औषधीय पद बोर्ड (एनएसपीबी) को शुरूआत की थी। इसके पीछे औषधीय पौधों व संरक्षण, खेती और व्यापार को बढ़ावा देना है। इसकी मदद से लोगों को हर्बल

विद्यार्थी समन्वयक श्रीम प्रकाश मनीली। २०१२

A photograph of a lush green garden. In the foreground, there are several tall, green, leafy plants, possibly herbs or small trees. Behind them, there are various other plants, including some with yellow flowers and some with red flowers. The garden is well-maintained and appears to be in a sunny, open area.

प्लान्ट्स के फायदे के बारे में बताकर

ऐसे हर्बल गार्डन की मदद से लोग को हर्बल जड़ी-बूटियों का ज्ञान हो सके और वह इस ज्ञान को आकुर्वित आचार्यों के सहयोग से अपने जीवन में लागू कर सकें।

**जतिंदर वीर सर्वहितकारी मॉडल सीनियर सैकेंडरी स्कूल
में 'फार्म से फार्मेसी तक' विषय पर कार्यशाला आयोजित**



किसानों को कार्यशाला के दौरान आयुर्वेदिक जड़ी-बूटियों संबंधी जानकारी देते हुए पर्यावरण शिक्षा समन्वयक ओम प्रकाश मनौली।

(वध्वर)

सवेरा न्यूज/कांशिक
मोहाली, 27 मार्च : विद्या भारती
पंजाब के मार्गदर्शन में स्थानीय
जतिंदर वीर सर्वहितकारी मॉडल
सीनियर सेकेंडरी स्कूल, सेक्टर-71,
मोहाली में नेशनल मेडिसिनल
प्लांट्स बोर्ड, उत्तर क्षेत्र, जोगिंदर
नगर-मंडी (हिमाचल प्रदेश) के
सहयोग के विमानों के लिए आज

एक आयुर्वेदिक जड़ी-बूटियों से संर्गोषित कार्यशाला का आयोजन किया गया, जिसका विषय 'फार्म से फर्मीस तक' था। इस कार्यशाला में मोहाली, फतेहगढ़ साहिब एवं अम्बाला जिलों के 14 अग्रणी किसानों ने भाग लिया। डेराबस्सी से धर्मवीर आयुर्वेद प्रा. लि. के मालिक डॉ. पुष्कर वीर सिंह ने किसानों के

साथ फार्मसी में उपयोग होने वाली जड़ी-बूटियों को जानकारों साझा की। उन्होंने इस बात पर जोर दिया कि अश्वगंधा, सरपगंधा, पित्त पापड़ा, मिल्क थीसिल, सत्यनाशी, काली और सपेन्द्र कौंच के अलावा हरड़, अंवला, बहेछ आदि को भी उगाया जा सकता है, जो किसानों के लिए लाभदायक साबित हो सकते हैं। इस

द्वैतान वैद्य (डॉ.) एचसी गौतम ने अश्वगंधा के लाभों के बारे में प्रतिभागियों को विस्तार से जानकारी दी। ग्रोन स्कूल प्रोजेक्ट के चेयरमैन भग सिंह बैजवान ने बताया कि स्कूल के हर्बल गार्डन में जो जड़ें-बुटियाँ लगाई गई हैं, वे निश्चित रूप से हमारी स्वास्थ्य प्रणाली में महत्वपूर्ण भूमिका निभाते योग्य हैं।

यह प्रोजेक्ट पूरा किया गया। दिसंबर 2022 को पंजाब का पहला गुलदाउदी मेला लगाया था। उसमें 400 गमलों में गुलदाउदी की 65 किस्में तैयार की गई थीं। इसे तैयार करने का मकसद बच्चों-युवाओं को प्रकृति के साथ जोड़ना है।

आजकल बच्चे प्रकृति से कम और टेक्नोलॉजी से ज्यादा जुड़ रहे हैं। इससे कई तरह की बीमारियां भी हो रही हैं।

[illegible]

वहीम्ह। विद्यार्थी और पत्रकारोंमें और गवर्नमेंट मॉडल सीमियर सेक्टरमें १९६१ सेक्टर-४६ के संशोधन और कला की ओर ध्यान को 'इंडो फ्रेन्डली होस्टेल' अर्थात्तक ही र्हा। इन अग्रसर पर विचार और शिक्षा संबंध, वहीम्ह प्रारम्भ की लिए मुखा अतिथि के रूप में उपस्थित थे। वहीम्ह स्थिति में विस्मय और इंडो कला के इवान में कहा कि वहीम्ह में 'इंडो फ्रेन्डली होस्टेल' के बारे में जानकारी प्राप्त आ। इनमें इन काफ़िर के लिए विद्यार्थी और पत्रकारों और संशोधन इंडो कला के प्रश्नों की समझना की। अग्रसर, पत्रकारों संबंध कुमार ने कहा कि विद्यार्थी के 'सिक्क होली' के संदेशों को हरेक वहीम्ह कल पहचान। टीएस और वहीम्ह ने वहीम्ह होली की खोली। इन मी पर वहीम्ह (रुक्मणी) सारा ही मीयुव थे।

dopo averli e presentati in
 modo: mettere gli oggetti
 di scena in ordine, in
 questo caso sono sufficienti

Sh. Om Parkash, an educator and environmentalist, dedicated his life to fostering knowledge and environmental awareness. His commitment to preserving herbal knowledge and promoting sustainability enriched lives and inspired communities to embrace eco-friendly living. As an advocate and change-maker, Sh. Om Parkash's legacy guides us toward a future where education and environmental stewardship create a more sustainable world.

Glimpses



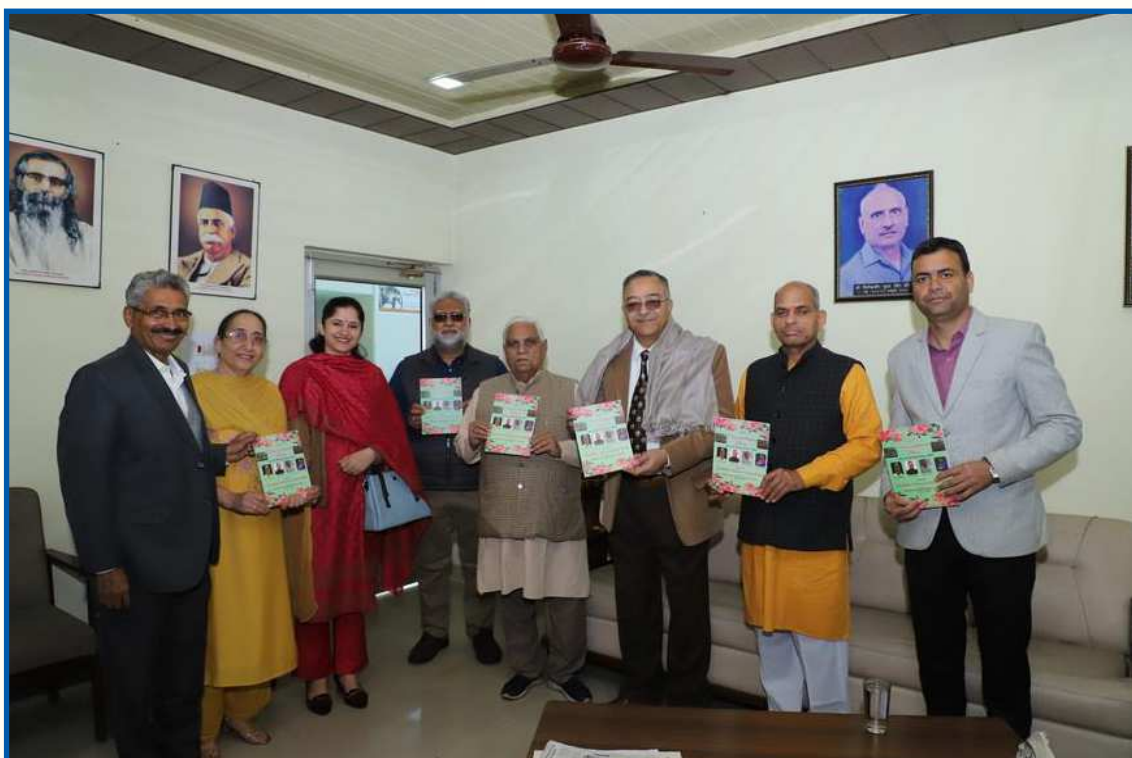
Meeting with Vice Chancellor, Professor Rajeshwar Singh Chandel during visit to Dr. YS Parmar University of Horticulture and Forestry, Nauni (H.P.) on 20-03-2024



Trainees from NITTTR, Sector 26, Chandigarh gathering knowledge about Medicinal Plants and seeds exhibited at Jitender Veer Sarvhitkari Model Senior Secondary School Sector-71, Mohali on dated 11-01-2024.



M.B.A. Students from H.P & Punjab visiting Herbarium on 11-01-2024 at Jitender Veer Sarvhitkari Model Senior Secondary School Sector-71, Mohali



Prof. (Dr.) R. K. Kohli, Vice-Chancellor, Amity University Mohali, Punjab releasing book on 2nd Guldaudi Show on 7-12-2023.



Visit by School and College Principals and Eco Clubs of Chandigarh (Incharges) at Sarvhitkari Model Herbal Garden Sector-71, Mohali on 01-12-2023



Dr. Arun Chandan, Regional Director, RCFC NR-1 (NMPB) at Sarvhitkari Model Herbal Garden Sector-71, Mohali on 20-11-2023



Workshop at Patanjali, Yogpeeth Haridwar from
May, 03-07-2015



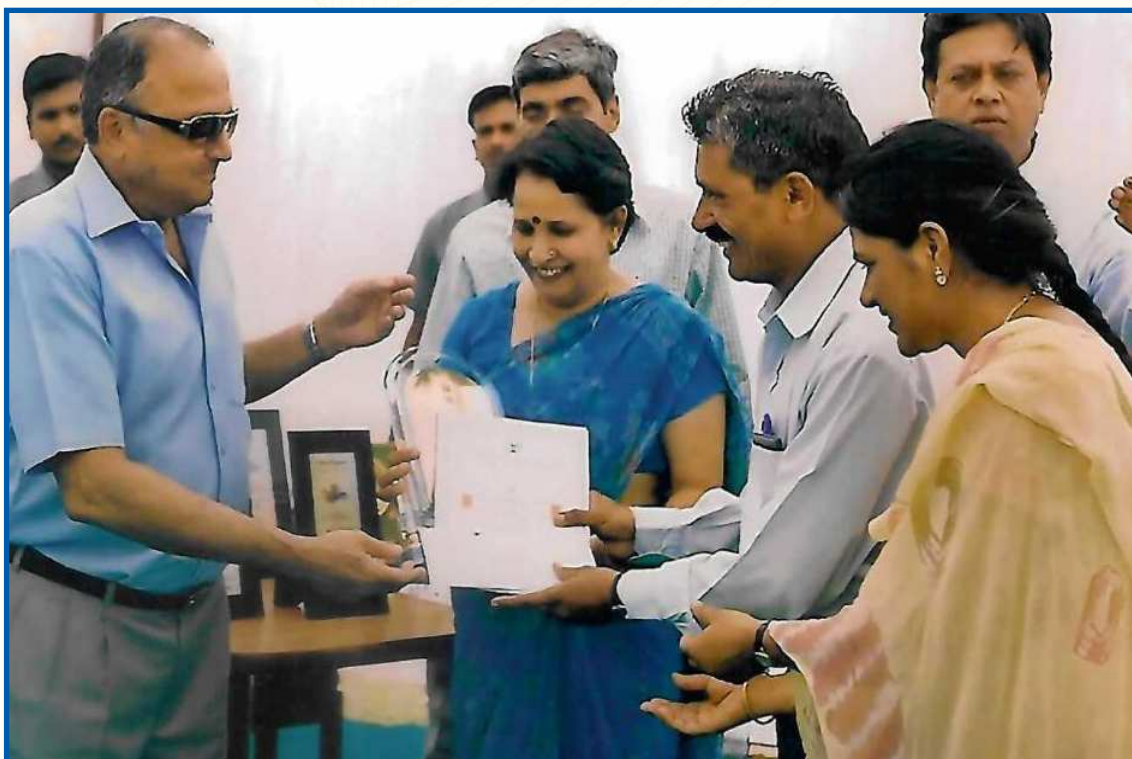
Honor for promoting National Integration—Column No. 20



Sh. Nek Chand is honoring, Sh. Om Parkash, for his Peace Related activities during Teacher's Day Celebration on 09-10-2003 organized by World Peace Mission



Honor to Sh. Om Parkash by World Peace Mission for Peace Related Activities, during Celebration of Hiroshima, Nagasaki and Quit India Day 6-8-2005.



A Group Photograph for Best Eco- Club Award for the session 2007-08 during the celebration of World Environment Day on 05-06-2009 at Napali Forest Range



Best Eco Club Award (2008-2009) during the Concluding Session of Training Program by Centre for Science and Environment, New Delhi on 13-08-2010 at Botanical Garden, U. T. Chandigarh



Gulbasa



Agnishikha



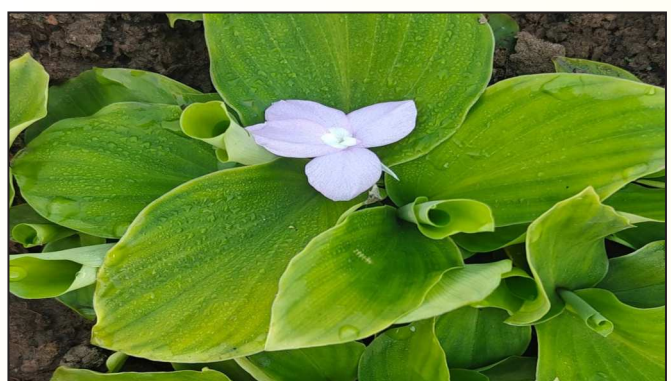
Banafsha



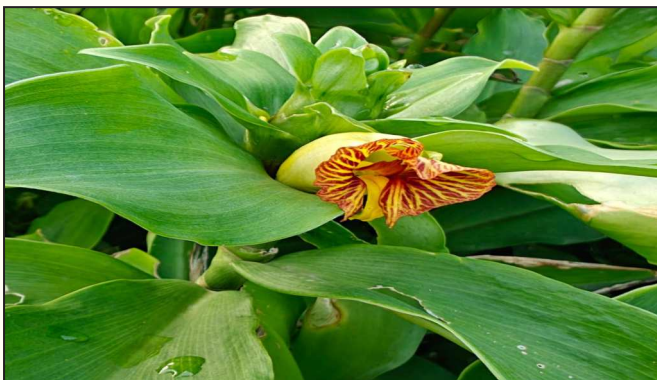
Satyanashi



Babchi



Chandermool



Insulin



Bhui Amla

Acknowledgement

We extend our heartfelt gratitude to **Dr. Ranjna Sharma**, Senior Scientific Officer, Department of Environment, Govt. of National Capital Territory of Delhi. Her meticulous efforts and contribution in documenting the exemplary work and achievements of Sh. Om Parkash in the field of herbal plants, setting up herbal nurseries, herbariums and environmental conservation are commendable.



Dr. Ranjna Sharma

Dr. Sharma's dedication and expertise have played a pivotal role in highlighting the significant contributions of Sh. Om Parkash towards environmental sustainability. We acknowledge her invaluable support in preserving and disseminating knowledge on herbal plants and fostering a culture of conservation.

Thank you, Dr. Ranjna Sharma, for your unwavering commitment to promoting environmental awareness and for recognizing the endeavours Sh. Om Parkash who strives to make a positive impact on our planet.

MANDATES OF RCFC NR-1

- **One-Stop Shop**

RCFC NR-1 operates as a central hub for all matters related to medicinal plants. This includes facilitating every aspect of the process, from the collection and cultivation of these plants to their marketing. By streamlining these operations, we aim to create an efficient pathway for stakeholders to access resources, knowledge, and support.

- **Support for the National Medicinal Plants Board (NMPB)**

As an integral part of the framework supporting the NMPB, RCFC NR-1 assists in fulfilling the Board's mandate. This partnership ensures that initiatives promoting medicinal plants are in alignment with national policies, fostering a coordinated and sustainable approach to development.

- **Research and Development**

Research is critical for the growth of the medicinal plant sector. RCFC NR-1 conducts research relevant to the medicinal plants in Northern region and collaborates with local organizations to establish primary processing, grading, and marketing facilities. This focus on research ensures that our approaches are grounded on scientific findings and best practices, ultimately benefiting the entire sector.

- **Skill Development**

Enhancing the skills of stakeholders is a key focus of RCFC NR-1. We offer various training programs, workshops, and seminars aimed at improving the managerial and technical skills of growers and collectors. By empowering these individuals with knowledge and skills, we foster a more capable workforce that can effectively contribute to the medicinal plant sector.

- **Agro-Technology Development**

The development of agro-technology is essential for the sustainable cultivation of medicinal plants. RCFC NR-1 emphasizes organic cultivation practices and the customization of agricultural techniques, particularly for endangered and high-demand species. By promoting innovative methods, we can enhance productivity while preserving ecological balance.

- **Quality Planting Materials**

Quality planting materials are crucial for the successful cultivation of medicinal plants. RCFC NR-1 is dedicated to developing region-specific quality planting materials and addressing associated challenges through scientific methods. This focus ensures that stakeholders have access to the best resources for successful cultivation.

- **Market Facilitation**

Understanding market dynamics is vital for the success of medicinal plant producers. RCFC NR-1 assists in the sale of medicinal plants and related products by resolving demand-supply issues and maintaining a comprehensive database of market trends. This data-driven approach empowers stakeholders to make informed decisions, maximizing their profitability.

- **Conservation and Training**

Sustainable practices form the foundation of RCFC NR-1's mission. We provide inputs on conservation practices and sustainable cultivation techniques while collaborating with forest departments and other relevant agencies. The training initiatives also emphasize technological advancements, ensuring that stakeholders are adequately equipped to implement sustainable practices.

- **Good Agricultural Practices (GAP)**

Promoting Good Agricultural Practices (GAP) and Good Field Collection Practices (GFCP) for region specific medicinal plant species is essential for ensuring the sustainability and quality of medicinal plants. RCFC NR-1 encourages stakeholders to adopt these practices, thereby enhancing their productivity and marketability.

- **Stakeholder Platform**

Creating a collaborative platform for various stakeholders is essential to promote cooperation and knowledge exchange. RCFC NR-1 facilitates collaboration among State Medicinal Plants Boards (SMPB), implementing agencies, and other institutions, thereby creating a comprehensive network of support that benefits all participants within the sector.

- **Capacity Building**

Capacity building is fundamental to the long-term sustainability and growth of the medicinal plant sector. RCFC NR-1 develops and implements training programs and orientation sessions aimed at enhancing and strengthening the skills and knowledge of key stakeholders, including farmers, entrepreneurs, implementing agencies, and community-based organizations. These programs are designed to address a wide range of critical areas, such as sustainable cultivation practices, post-harvest management, quality control, value addition, and market access.

- **Consultative Meetings**

RCFC NR-1 conducts regular consultative meetings, workshops, and consultations to enhance stakeholder engagement. These gatherings provide a formal platform for stakeholders to share their insights, discuss challenges, and highlight successes, thereby fostering a sense of community and promoting collective progress. Additionally, they facilitate the exchange of best practices and innovative solutions, ensuring that all participants are well-informed and equipped to contribute effectively to the sector's development. Through these collaborative efforts, RCFC NR-1 reinforces its commitment to building a sustainable and resilient medicinal plant sector.

- **Project Review and Evaluation**

To ensure accountability and effectiveness, RCFC NR-1 systematically reviews and monitors projects sanctioned by the National Medicinal Plants Board (NMPB). This oversight is essential for identifying best practices and areas for improvement, ultimately enhancing the overall success of the medicinal plant sector. Through these efforts, RCFC NR-1 reinforces its commitment to responsible management and sustainable development within the sector.

- **Database Management**

Effective management of information is essential for decision-making in the medicinal plant sector. RCFC NR-1 collects and maintains a comprehensive database that integrates information across states, facilitating effective management and strategic planning.

- **Develop IEC Strategy**

We develop a comprehensive strategy for Information, Education, and Communication (IEC) and implement various IEC activities to effectively raise awareness and engage stakeholders about the importance of medicinal plants and sustainable practices



आयुष जिन्दगी रहे खुश !!

For more information contact:

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